



**TURNING THE TIDE:**  
Creating a global blueprint  
for prevention and integrated  
care in Youth Mental Health

## **IAYMH 2025 ABSTRACT SUBMISSION GUIDELINES FOR AUTHORS**

Abstracts and presenters will be judged only on the basis of the information provided in the Oxford Abstracts system at the time of submission.

Successful abstract and presenter details provided at submission stage will be used for publication in the conference programme

Changes to abstracts and presenters cannot be made after the submission deadline

Submitters assume responsibility for being the point of contact for an abstract/presentation and are responsible for the content in the abstract/presentation in all respects. The Submitter is also responsible for the submission of one final presentation slide deck (Oral and Lightning presentations only) or a PDF (poster presentations only). Multiple slide decks for a presentation will NOT be accepted. Only one complete slide deck per presentation may be submitted. The Submitter is responsible for the compilation of that singular slide deck from all contributing authors, if there is more than one author.

Presenting authors must register for the conference before the close of the early bird rate deadline (EBRD). The organisers reserve the right to remove any presentation from the conference programme if the presenting author (as listed in the Oxford Abstracts system) has not registered for the conference by the EBRD.

In exceptional cases, the Programme Committee reserve the right to make changes to abstracts/presentations/presenters for reasons of clarity or to enhance the quality of a submission.

In order for your abstract to be submitted for consideration you must accept and adhere to the guidance for authors and Terms and Conditions.

## IAYMH 2025 ABSTRACT FORMAT:

For Research/Academic style presentations your abstract should be structured to include:

- Introduction or Rationale
- Objectives (of project and or research)
- Methods or Approach
- Results or Practice/Policy Implications
- Conclusion

For Non-Research/Academic style presentations your abstract should be structured to include:

- Introduction
- Experiences/Findings
- Conclusion

## A NOTE ABOUT LANGUAGE AND CREATING AN INCLUSIVE ENVIRONMENT

IAYMH conferences bring together a broad audience including researchers, clinicians, policy makers, service managers, educators, and young people and their friends and family who have a lived experience of mental ill-health, from across the world. We anticipate that 20% or more of the attendees will be young people with a connection to, and interest in, mental health and wellbeing.

Keeping this multi-stakeholder audience in mind, we request presenters to use **accessible** language. Some ways to do this – use clear language; avoid acronyms and explain them when you use them; use examples to explain complex concepts; avoid jargon or explain what you mean when you use jargon; etc.

The IAYMH is committed to an **inclusive and welcoming** environment for all its participants as well as increasing the participation of groups traditionally underrepresented in mental health conferences: LGBTQIA+, underrepresented minorities, persons from “Global South”, persons with disabilities, Indigenous peoples, persons with lived experience, etc. We invite you to help create this inclusive, friendly, safe and respectful environment. We expect all interactions between attendees, at the conference itself and on social media, to be positive, respectful and constructive. We promote the use and respect of pronouns.

In communicating about youth mental health and mental ill-health, we ask that you use **recovery-oriented language** that conveys hope and optimism. Please avoid terminology and language that may be alienating, othering or stigmatizing, sometimes unintentionally (e.g., stating “persons suffering from mental illness”). Please avoid labelling a person or group by their mental illness (e.g., using “anorexic” or “schizophrenic” as an adjective).

Language is powerful! Let’s wield this power to promote hope and advocate for youth mental health!

## **IAYMH 2025 PRESENTATION FORMATS:**

Descriptions of the presentation formats available are below. Please indicate your first preference during the abstract submission process and advise if you are willing to be considered for an alternative presentation format.

**Oral presentation** – delegates submit an abstract and, if selected, an interactive oral presentation will be required. All oral presentations will be 20 minutes in length which includes 5 minutes for questions.

**Table Top presentation** – delegates submit an abstract, and if selected, prepare a presentation of maximum 10 minutes. It is up to you how you wish to divide your 10 minutes between presenting, adaptation or discussion. Each presentation will be made to a table of up to 9 delegates at a time. The presenter is required to repeat the same presentation up to 5 times during each session. Table Top sessions act as a pathway for networking and sharing of information directly with delegates in an interactive setting.

**Lightning presentation** – delegates submit an abstract and, if selected, prepare a 5 minute presentation. A number of presenters are scheduled one after the other during a concurrent session. Your PowerPoint Slideshow should contain no more than 6 slides including a title slide which should only contain your name and the title of your presentation. Please note that you will be allocated 5 minutes for your presentation and that, in fairness to all presenters, this time limit will be strictly enforced.

**Poster presentation** – this will require delegates to submit an abstract and, if selected, a poster is to be prepared and displayed during the conference. At least one author must be present at the time of the allocated poster session.

## **IAYMH 2025 ABSTRACT SUBMISSION TERMS AND CONDITIONS**

- The acceptance of an abstract for the Conference does not imply provision of travel, accommodation or registration for the Conference, nor any other costs associated with preparation or presentation of the abstract, or any costs associated with attendance at the Conference.
- All authors presenting at the Conference must register and pay to attend. You give us permission to publish your abstract submission on the Conference website, in the Conference electronic book of abstracts and for consideration of publication in a professional/academic journal to be advised (authors may be contacted after the conference to seek their interest in submitting a paper).
- If any of the authors have any commercial interests or associations that might pose a conflict of interest regarding this submission, they must be declared. If accepted for presentation, the commercial interest or association must be declared on the title slide or the slide immediately following the title slide.
- All authors hereby grant permission to film or photograph their presentation at the Conference.
- The Submitter confirms that the submission has been approved by all co-authors.
- All abstracts submitted must be original work.

- All abstracts must be submitted in English and via this online submission site. Other forms of submission e.g. by post, email or fax will NOT be accepted. The author(s) agree(s) to materially confine their presentations to information in the abstract if accepted for presentation; if an author has more than one abstract accepted, each presentation will be materially confined to the information in the abstract selected for the specific session.
- The abstract will be reviewed by members of the Conference Programme Review Committee and assessed on the results, interest and the merit of the study or project as presented in the abstract. If there is insufficient clarity in the abstract then the abstract may be rejected. The Committee's decision is final.
- At least one co-author must be available to present the abstract if selected for the programme. The authors will immediately notify the Conference Organiser if they are unable to present an abstract or if the presenting author changes.