



**IAYMH 2025
VANCOUVER**
19th-21st March
7th International Conference

TURNING THE TIDE:

Creating a global blueprint
for prevention and integrated
care in Youth Mental Health

INFORMATION ABOUT POSTER PRESENTATIONS

IAYMH 2025 will take place across three days, with parallel sessions throughout. On each day, there will be specific Poster/Exhibition sessions at which presenters are expected to “stand by” their poster in order to discuss their research or project with other attendees. The presentations may be on display continuously for Conference participants to visit at various times throughout the programme or they may be displayed for specific days. This will be advised to you in advance by the Conference Organisers. There may also be some posters selected for a brief presentation during one of the parallel sessions. Please check the conference programme in advance to find out which session your poster is included in.

Why Present a Poster?

There are several advantages to presenting a poster:

- Posters can be viewed across the Conference, as well as at dedicated sessions
- Viewers can “absorb” the presentation in their own time and way
- You can discuss your research or project at length with viewers on a one-to-one basis — which can create useful discussion about your work
- Presenting your research, project or experiences as a Poster is a great opportunity to network
- A poster serves to explain your research, project or experiences succinctly to a broad audience who will be in attendance at the conference

What is a Poster Presentation?

A poster is a static, visual medium that you use to communicate a key idea related to your research, project or experiences and presents that idea in both verbal and graphic ways. Unlike an oral presentation, a poster does most of your talking — it should stand on its own, be self-explanatory as well as encouraging discussion with other attendees.

Make sure your contact details are visible should a colleague wish to contact you to obtain further information about your poster. We recommend also including a QR code that links to your contact details and perhaps even a digital version of your poster.

Know the Physical Constraints of Your Presentation

You will be provided with a poster board with dimensions of a maximum of 1.5m high x 1.0m wide. You can use this space to present a poster in a variety of ways:

- Your poster can consist of a single A0 or A1 sized component or “frame”
- Your poster can consist of two A1-sized components/frames
- Your poster can consist of a composition of A3 (maybe even A4) sized components/frames. A0, A1, A2, A3 and A4 are standard metric paper sizes

A0 - 841mm x 1189mm

A1 - 594mm x 841mm

A2 - 420mm x 594mm

A3 - 297mm x 420mm

A4 - 210mm x 297mm

Please note, posters **MUST** be portrait in orientation to reflect the dimensions of the board. Each of these options can be effective in composing an informative and visually appealing presentation.